



Flavours of Portugal

Tania Gomes

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Portuguese cooking evokes sights, smells and tastes of Portugal and in Flavours of Portugal, you can find all of these elements - recipes, cultural history and memories as well as beautiful images of life in Portugal now and in the past.

Inspired by her mother's simple, everyday events such as baking bread, author Tania Gomes has brought together a mix of traditional Portuguese recipes collected from family and friends.

Written in both Portuguese and English, this beautifully photographed book brings alive the memories, cooking traditions and the true flavours of Portugal.

(Tania Gomes)

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