



## Chef (Modern Plays)

*Sabrina Mahfouz*

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# Chef (Modern Plays)

Sabrina Mahfouz

**Chef (Modern Plays)** Sabrina Mahfouz

*I cook here, create here,  
make here be as much of life as I can  
because outside of this  
I'm not safe,  
I don't know the way.*

*Chef* tells the gripping story of how one woman went from being a haute-cuisine head chef to a convicted inmate running a prison kitchen. Leading us through her world of mouth-watering dishes and heart-breaking memories, *Chef* questions our attitudes to food, prisoners, violence, love and hope. Inspired by an interview Mahfouz conducted with celebrity chef Ollie Dabbous, *Chef* studies food as the ultimate art form taking stimulus from Dabbous's obsession with simplicity and making something the best it can be.

Featuring Sabrina Mahfouz's distinct, lyrical style in abundance, *Chef* received its premiere at the Underbelly, Cowgate, during the 2014 Edinburgh Festival Fringe, winning a Fringe First, and was produced at the Soho Theatre, London, in June 2015.

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