



# Prayer of the Heart: The Contemplative Tradition of the Christian East (Revised)

*George Maloney*

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This new edition brings back into print a pioneering work that sold almost 70,000 copies in its first edition. In this comprehensive guide to contemplative prayer, George Maloney, S.J. a leading exponent of the Eastern spiritual tradition in the decades after Vatican II, opens up this tradition of prayer--in particular the Jesus Prayer--to Western Christians in a clear and practical manner. Unmatched as a readable and complete guide to Eastern spirituality during its fifteen-year history of publication, it fills a void in the spirituality market for today's readers as well.



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