



# Outdoor Wok Cuisine: Traditional Chinese Recipes Adapted for Outdoor Cooking

*Brenda Kulibert*

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## **Outdoor Wok Cuisine: Traditional Chinese Recipes Adapted for Outdoor Cooking** Brenda Kulibert

The Outdoor Wok Cookbook is a collection of over 120 classic, and contemporary, Asian recipes, updated and streamlined for cooking outdoors.

Cookbook author and outdoor cooking consultant Brenda Kulibert explores the rich, Eastern traditions of outdoor cooking to give campers, backyard barbecue buffs, and picnicing families a unique way of cooking under the sky. Chinese, Japanese, Indian, and Thai recipes are combined with a handful of favorites from other Asian nations to create a flavorful and eclectic blend of dishes that can easily be prepared in a wok over a grill or campfire.

Recipes include Crab Filled Won Ton, Chinese Garden Soup, Indian Curry Salad, Turkey Egg Foo Yung, Vegetarian Fried Rice, Curried Rice Pilaf, Chapatis, Pad Thai, Jewel of the Orient Crab Cakes, Nasi Goreng with Chicken, Kung Pao Beef, Mongolian Lamb, Moo Shoo Pork, Japanese Tempura, Mango-Papaya Chutney, and Teriyaki Marinade.

### Other Important Features

- Regional geography and culinary preferences for China, India, Japan, and Thailand
- Large glossary of Asian ingredients
- A primer on Asian pots, pans, and utensils
- Cutting techniques
- Care of the wok
- Instructions for using a wok outdoors
- U.S. standard measurements with metric conversions
- Table of substitutions
- Suppliers of Asian ingredients and cookware

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