



## Goodbye to Shy: 85 Shybusters That Work!

*Leil Lowndes*

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# Goodbye to Shy: 85 Shybusters That Work!

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**Goodbye to Shy: 85 Shybusters That Work!** Leil Lowndes

**Say hello to new friends, new business opportunities, new love, and new confidence**

Okay, so you're shy. Here are 85 proven techniques to help you conquer your shyness and change your life for good. No psychobabble. No nonsense. These tested "ShyBusters" prepare you for that upcoming party, work function, interview, date, and the rest of your life.

As someone who overcame debilitating shyness herself, professional speaker Leil Lowndes used this method to become a confident woman who has been interviewed on hundreds of TV and radio shows and has spoken to crowds of 10,000. You'll soon be making "fearless conversation" with people who used to intimidate you. You'll learn how to win the love you deserve and ask for whatever you want. You will overcome embarrassing stammering, sweating, clamping up, and wishing you were invisible.

*Good-Bye to Shy* will show you how to:

- Make a stronger impression at work, at parties, in *any* situation
- Feel more relaxed around people, make eye contact, and spark conversations
- Boost your career, jump-start your social life, and open your heart to new possibilities

Say *Good-Bye to Shy*--and hello to the happy, loving, confident person who's been hiding inside you.



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Reading can called imagination hangout, why? Because when you find yourself reading a book especially book entitled Goodbye to Shy: 85 Shybusters That Work! your head will drift away trough every dimension, wandering in each and every aspect that maybe not known for but surely can become your mind friends. Imaging just about every word written in a publication then become one application form conclusion and explanation that maybe you never get before. The Goodbye to Shy: 85 Shybusters That Work! giving you another experience more than blown away the mind but also giving you useful facts for your better life with this era. So now let us demonstrate the relaxing pattern this is your body and mind will likely be pleased when you are finished looking at it, like winning a. Do you want to try this extraordinary wasting spare time activity?

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