



Vegetarian Express Lane Cookbook: Hassle-Free, Healthful Meals for Really Busy Cooks

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There are no unusual ingredients or complex preparations in this cookbook: just a wealth of fast family recipes that can be on the table in less than 30 minutes. Pizza Salad, Cheesy Quesadillas, Spicy Fried Rice, Pasta with Fresh Tomato Sauce, Green Chili Corn Muffins, Caramel Brownies - there is plenty here to tempt cooks, whether they are vegetarians or simply want a break from meat. "Working moms will heave a sigh of relief when they see the corners the author has cut." - Philadelphia Inquirer "Just reading the recipes is enough to start the mouth watering." - Gannett News Service "An astonishing approach to meal preparation." - Pittsburgh Post-Gazette

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