



# **The Path of Purification: Visuddhimagga (Vipassana Meditation and the Buddha's Teachings)**

*Bhadantacariya Buddhaghosa*

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## **The Path of Purification: Visuddhimagga (Vipassana Meditation and the Buddha's Teachings)**

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One of Buddhism's foundational texts, the Visuddhimagga is a systematic examination and condensation of Buddhist doctrine and meditation technique. The various teachings of the Buddha found throughout the Pali canon are organized in a clear, comprehensive path leading to the final goal of *nibbana*, the state of complete purification. Originally composed in the fifth century, this new translation provides English speakers insights into this foundational text. In the course of this treatise full and detailed instructions are given on 40 subjects of meditation aimed at concentration, an elaborate account of Buddhist Abhidhamma philosophy, and explicit descriptions of the stages of insight culminating in final liberation. This replaces 9552400236.

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