



Chronic Illnesses, Syndromes, and Rare Disorders: The Ultimate Teen Guide (It Happened to Me)

Marlene Targ Brill

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While medical conditions that affect large populations are familiar to most people, there are lesser-known afflictions that do not get attention simply due to the fewer number of those affected. Literature and online resources about these conditions are not only limited but primarily aimed at adults. Consequently, teens who are susceptible to these disorders are often unable to find information that speaks directly to them, which can prove both frustrating and discouraging.

In *Chronic Illnesses, Syndromes, and Rare Disorders: The Ultimate Teen Guide*, Marlene Targ Brill looks at conditions that affect thousands of young adults. Though not quite as common as other medical issues, these afflictions are no less threatening to teens who want to know more. Chapters in this book address

- Celiac disease
- Crohn's disease
- Down syndrome
- Hemophilia
- Melanoma
- Multiple sclerosis
- Phenylketonuria
- Sickle cell disease
- Tourette syndrome

In addition to providing specific information about each of these conditions, this book also offers general advice to teens who face medical challenges in general. An invaluable resource for young adults and their families, *Chronic Illnesses, Syndromes, and Rare Disorders: The Ultimate Teen Guide* offers hope to the many thousands of people looking for answers.



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