



## Chapter 012, Aging, Nutrition and Lifestyle

*Roberta Gottlieb*

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*Autophagy in Health and Disease* offers an overview of the latest research in autophagy with a translational emphasis. This publication takes scientific research in autophagy a step further and offers integrated content with advancements in autophagy from cell biology and biochemical research to clinical treatments. A necessary reference for the bookshelf of medical and scientific researchers and students, *Autophagy in Health and Disease* presents high quality, reputable information on autophagy, allowing the reader quick access to the most applicable information.

- Discusses current understanding of the roles of autophagy in health and disease
- Covers the background of autophagy, the development of tools and therapeutics to measure and modulate autophagy, and autophagy in tissues and disease processes
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