



# I'm Still Here: A New Philosophy of Alzheimer's Care

*John Zeisel*

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**I'm Still Here: A New Philosophy of Alzheimer's Care** John Zeisel

**A revolutionary new approach to Alzheimer's care, focusing on a patient's strengths to maintain connections with others and the world**

There currently is no cure for Alzheimer's disease— though it can be treated. For the last fifteen years, John Zeisel, Ph.D. has spearheaded a movement to treat Alzheimer's non-pharmacologically by focusing on the mind's strengths.

*I'm Still Here* is a guidebook to Dr. Zeisel's treatment ideas, showing the possibility and benefits of connecting with an Alzheimer's patient through their abilities that don't diminish with time, such as understanding music, art, facial expressions, and touch. By harnessing these capacities, and by using other strategies, it's possible to offer the person a quality life with connection to others and to the world.

In March 2013, Dr. Zeisel and his work will be the focus of the program airing on public television stations entitled "Hopeful Aging," bringing his life-changing ideas to a national audience.



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