



The Phytogenic Hormone Solution: Restoring Your Delicate Balance with Compounded Natural Hormones

Dr Sandra Koke Mckenna

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The Phytogenic Hormone Solution is a must-read for women suffering from hormone-related PMS, infertility, irregular cycles, fatigue, weight gain, and symptoms of perimenopause and menopause such as insomnia, headaches, and hot flashes. While conventional hormone replacement therapy can mitigate some of these problems, it is associated with several serious health risks. Phytogenic hormones, extracted from plants and compounded in the lab to become bioidentical to human hormones, can be more effective than their synthetic counterparts and are free of the many side effects associated with conventional HRT.

The Phytogenic Hormone Solution explains:

- the differences between synthetic hormones and compounded phytogenic hormones
- symptoms and solutions for imbalances of estrogen, progesterone, DHEA, testosterone, and thyroid and adrenal hormones
- treatment for breast conditions, endometriosis, ovarian cysts, and uterine fibroids
- additional alternative health remedies

With a thorough resource directory of products and pharmacies, plus laboratories that perform hormone analyses for consumers and professionals, **The Phytogenic Hormone Solution** provides the most comprehensive, up-to-date information about this increasingly popular approach to women's health.

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Aurora Foster:

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Joy Becker:

Playing with family in a park, coming to see the coastal world or hanging out with good friends is thing that usually you might have done when you have spare time, in that case why you don't try matter that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love The Phytogenic Hormone Solution: Restoring Your Delicate Balance with Compounded Natural Hormones, you may enjoy both. It is very good combination right, you still desire to miss it? What kind of hang type is it? Oh can occur its mind hangout people. What? Still don't have it, oh come on its named reading friends.

Margaret Babin:

The book untitled The Phytogenic Hormone Solution: Restoring Your Delicate Balance with Compounded Natural Hormones contain a lot of information on that. The writer explains the girl idea with easy method. The language is very straightforward all the people, so do not necessarily worry, you can easy to read the

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