



The Elegant Art of Falling Apart

Jessica Jones

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Jessica Jones had a complicated life – booze, cocaine, bad boyfriends, a rollercoaster ride of what self-help writers call 'opportunities for growth' – but she got away from all that. She rebuilt her career, became prosperous and, at last, found happiness in a wonderful new relationship.

Just when things were almost perfect, she was diagnosed with breast cancer. So Jessica did what she's always done: she got through it. With the help of doctors, nurses, friends, family and the ever-supportive Nick, she not only got through it, but survived with her trademark good humour and style. After seven months of gruelling treatments, she travelled from London to Sydney to begin a three-month holiday of a lifetime with the man who had loved her through it all – only to discover that he had been seeing someone else and didn't love her at all. For Jessica, it was to turn out that surviving love was harder than surviving cancer.

The Elegant Art of Falling Apart is a book about learning to ask for and to accept help. About living in, and enjoying, every moment. About freeing yourself from our culture's obsession with romantic love, and about how looking good really can help you feel good. Above all, it is about how, when you are staggering about in the darkness, it will be the power of friendship that saves your sanity.

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Precisely why? Because this The Elegant Art of Falling Apart is an unordinary book that the inside of the book waiting for you to snap it but latter it will shock you with the secret the item inside. Reading this book beside it was fantastic author who write the book in such wonderful way makes the content interior easier to understand, entertaining technique but still convey the meaning entirely. So , it is good for you for not hesitating having this nowadays or you going to regret it. This unique book will give you a lot of gains than the other book possess such as help improving your talent and your critical thinking technique. So , still want to postpone having that book? If I had been you I will go to the book store hurriedly.

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