



Borderline Personality Disorder: An evidence-based guide for generalist mental health professionals

Anthony W. Bateman, Roy Krawitz

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Over the past two decades considerable progress has been made in developing specialist psychosocial treatments for borderline personality disorder (BPD), yet the majority of people with BPD receive treatment within generalist mental health services, rather than specialist treatment centres.

This is a book for general mental health professionals who treat people with borderline personality disorder (BPD). It offers practical guidance on how to help people with BPD with advice based on research evidence. After a discussion of the symptoms of BPD, the authors review all the generalist treatment interventions that have resulted in good outcomes in randomised controlled trials, when compared with specialist treatments, and summarise the effective components of these interventions. The treatment strategies are organised into a structured approach called Structured Clinical Management (SCM), which can be delivered by general mental health professionals without extensive additional training.

The heart of the book outlines the principles underpinning SCM and offers a step-by-step guide to the clinical intervention. Practitioners can learn the interventions easily and develop more confidence in treating people with BPD. In addition, a chapter is devoted to how to help families - an issue commonly neglected when treating patients with BPD. Finally the authors discuss the top 10 strategies for delivering treatment and outline how the general mental health clinician can deliver these strategies competently.



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This Borderline Personality Disorder: An evidence-based guide for generalist mental health professionals book is not really ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book is information inside this book incredible fresh, you will get information which is getting deeper you read a lot of information you will get. This Borderline Personality Disorder: An evidence-based guide for generalist mental health professionals without we realize teach the one who studying it become critical in considering and analyzing. Don't be worry Borderline Personality Disorder: An evidence-based guide for generalist mental health professionals can bring when you are and not make your tote space or bookshelves' become full because you can have it with your lovely laptop even mobile phone. This Borderline Personality Disorder: An evidence-based guide for generalist mental health professionals having very good arrangement in word and also layout, so you will not feel uninterested in reading.

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