



Baking Low-Carb: Tasty Sugar-Free Desserts, Cookies, Candies and Breads

Diana Lee

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Baking Low-Carb: Tasty Sugar-Free Desserts, Cookies, Candies and Breads by Diana Lee. 1999 plastic comb-bound cookbook published by Morris Press Cookbooks. From the author: "I have developed 130 recipes for cookies, cakes, pies, candy, muffins and breads that allow you to indulge yourself without hurting your new low carbohydrate lifestyle. I tried to keep the protein count up to make for a healthier and more satisfying treat. Some of my recipes include: Lemon Poppy-seed Muffins, Chocolate Muffins, Pumpkin Bread, Banana Bread, Lemon Ricotta-cheese Pie, Chocolate Peanut Butter Pie, Chocolate Covered Strawberries, Shortcake, Cream Cheese-filled Brownies, Chocolate Zucchini Snack Cake, Peanut Butter Cookies, Chocolate Coconut Chew Cookies, Dark Chocolate Fudge, Peanut Butter Fudge, Carmel Pork Rinds, Sweet Nuts and many more. All recipes show protein and carb counts for your information and all are under 10 carbs per serving."

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