



## The Seashell People: Growing Up in Adulthood

*Martha Horton*

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Most smart women got smart the hard way, through first-hand experience. And they have the scars to prove it - painful memories of sleepless nights, tears, confusion, anger, self-doubt and anxiety. They have learned about life, love and relationships, but they have paid a high price for their wisdom? The authors firmly believe that there is an easier way for a woman to get smart - an easier way to acquire the kind of information needed to handle relationships wisely without having to go through the traumatic events that often accompany the acquisition of such knowledge, by listening to and learning from the experiences of other women. In this book of insights into the (female) human condition are some 50 parables on many subjects, among them: raising children, disappearing men, careers, being single, friendship, infidelity, birth control and commitment. This book comes from the authors of "Men Who Can't Love".

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