



## The Routledge Handbook of Attachment: Theory

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*The Routledge Handbook of Attachment: Theory* provides a broadly based introduction to attachment theory and associated areas, written in an accessible style by experts from around the world. The book covers the basic theories of attachment and discusses the similarities and differences of the two predominant schools of attachment theory.

The book provides an overview of current developments in attachment theory, explaining why it is important not only to understanding infant and early child development but also to adult personality and the care we provide to our children. *The Routledge Handbook of Attachment: Theory* provides detailed descriptions of the leading schools of attachment theory as well as discussions of this potentially confusing and contentious area, and includes a chapter on the neuropsychological basis of attachment. The book also examines other domains and diagnoses that can be confused with issues of attachment and assesses contexts when different approaches may be more suitable.

Providing a comprehensive yet accessible introduction to the theories of attachment, *The Routledge Handbook of Attachment: Theory* is an indispensable guide for professionals working with children and families in community and court-based settings, clinical psychologists, psychiatrists and social workers, clinicians in training and students.

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