



Single Serve: 100 Simple Recipes For One or More

Louise Harper

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Single Serve: 100 Simple Recipes For One or More Louise Harper

In One Plus, Louise Harper has created a practical guide for those who can't be bothered cooking "just for me" Her time saving tips and easy recipes mean that a healthy, delicious meal is only twenty minutes away. She also gives information on setting up your kitchen and pantry to minimise preparation time. Cleaning up is easy too as most of the dishes use one pot and one plate. This is an invaluable guide for the single household and the family on the go.

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Carrie Wilson:

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