



No Crisi (Eventi) (Italian Edition)

Alessandra Addari

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L'attuale crisi economica ci insegna una cosa: per decenni siamo stati vittime di un consumismo sfrenato. Poi un giorno ci siamo svegliati e scoperto che le nostre case erano piene di oggetti inutili. Siamo pigri e incapaci di dare il giusto valore alle cose e al bene più prezioso di cui disponiamo: il tempo. Se un elettrodomestico si rompe ne facciamo un dramma. Carichiamo sul carrello della spesa più del nostro reale fabbisogno. E così, senza quasi rendercene conto, spremiamo soldi e ore preziose. In poche parole siamo dei consumatori incoscienti. Da qui l'idea di un pratico manuale che fornisce piccoli e grandi suggerimenti indispensabili per razionalizzare le risorse, risparmiare tempo e denaro, con un occhio anche alla qualità. La lettura ci aiuterà a fare le scelte opportune, senza essere guidati solo dalle mode effimere; ci fornirà gli strumenti per riappropriarci delle nostre capacità manuali.

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Nancy Deanda:

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