



# Living Well with Back Pain (Living Well (Collins))

*Robert B., M.D. Winter, Marilyn L., PhD Bach*

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If you're one of the millions of Americans suffering from back pain, Robert B. Winter, MD, and Marilyn L. Bach, PhD, have the answers and knowledge you need to effectively manage your condition. In *Living Well with Back Pain*, Winter and Bach draw on an extensive network of experts to bring you the latest information on:

- Diagnosing—and even eliminating—the problem
- Exercise programs and over-the-counter drug treatments
- Choosing the right medical practitioner
- When surgery and other invasive procedures are not needed

The authors are affiliated with an internationally renowned back treatment center, the Twin Cities Spine Center, which has treated tens of thousands of back pain sufferers. Their expertise and up-to-the-minute knowledge make this the most comprehensive, current, and accessible back pain book available.

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**From reader reviews:**

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**Laveta Blodgett:**

In this age globalization it is important to someone to receive information. The information will make you to definitely understand the condition of the world. The condition of the world makes the information easier to share. You can find a lot of recommendations to get information example: internet, newspapers, book, and soon. You can see that now, a lot of publisher that print many kinds of book. The particular book that recommended to you is Living Well with Back Pain (Living Well (Collins)) this book consist a lot of the information in the condition of this world now. This particular book was represented just how can the world has grown up. The terminology styles that writer use to explain it is easy to understand. The particular writer made some investigation when he makes this book. This is why this book appropriate all of you.

**Clara Palmer:**

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