



Fun Meals for Fathers and Sons: Recipes and Activities for Bonding & Mentoring

Akili Kumasi, Asiedu Heywot-Kumasi

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Cook up some fond memories with easy recipes and fun activities. Need help in the fathering department - here's some food for thought! Bonding with your children will be easy over a Fun Meal.

Fun Meals for Fathers and Sons has two sections: Recipes and Activities. Recipes for fun, adventure and excitement that helps in the bonding process for boys and their fathers.

All the recipes are very simple and easy to make.

All of the activities are centered around a meal but can be done with your own creativity.

Your children will look forward to them.

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