



A Mother Apart: How to let go of the guilt and find happiness living apart from your child

Sarah Hart

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A Mother Apart: How to let go of the guilt and find happiness living apart from your child Sarah Hart
A Mother Apart has been written to relieve the isolation of the many women separated from their child who say, "I thought I was the only one". Moving beyond the stereotype of mothers who leave, A Mother Apart provides insight and practical support for women struggling with their feelings as they adjust and come to terms with living life apart from their children.

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