



## Miss Becky's Breakup Boot Camp

*Becky Rutledge*

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## **Miss Becky's Breakup Boot Camp** Becky Rutledge **Leave him. . .wondering what happened!**

Listen up, Ladies! Breaking up doesn't have to be so hard to do, especially when you know how to turn your suddenly single sorrow into Southern-style sass.

If you're nearing the end of relationship road, *Miss Becky's Break Up Boot Camp* will show you Southern belle tricks for dumping him with diplomacy. Whether you've got a dead-end boyfriend, a deadbeat husband, or just plain want the man in your life dead, Miss Becky dishes up the breakup tips you need to get you back on your feet:

- **If I Knew Then What I Know Now:** Stop repeating your mistakes.

- **Excuses, Excuses:** Interpreting male break-up speak.

- **Annie Get Your Gun!:** Tips for avoiding stalkers and other bad news exes.

- **Ex-Etiquette:** How to behave. . .and misbehave without getting caught.

- **Food for the Broken Heart:** Southern Belle Break-up Foods.

- **Getting Back on that Horse:** How, when and why to start dating again.

So grab a mint julep, slide into your little black dress, and get ready to move on!

**Miss Becky Rutledge** hails from a long line of real live sassy and strong Southern belles. When she's not doling out dating advice, she works as a clinical psychologist in Memphis, Tennessee, specializing in family

and relationship therapy.

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Typically the book Miss Becky's Breakup Boot Camp will bring someone to the new experience of reading some sort of book. The author style to clarify the idea is very unique. In case you try to find new book to see, this book very ideal to you. The book Miss Becky's Breakup Boot Camp is much recommended to you to see. You can also get the e-book from your official web site, so you can quicker to read the book.

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