



Meat London: An Insider's Guide

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Meat London: An Insider's Guide is an essential book for the meat-lover living in or visiting London. Divided into concise chapters covering “Restaurants & Pubs”, “Street Food” and “Butchers”, *Meat London* covers all budgets, tastes and levels of adventurousness, whether you are intending to eat out on the run, settle into a four-course meal or barbecue your own pig. More than your average guide book, *Meat London* also takes into consideration important attitudes—concerning the supply of meat, seasonality and provenance—in our approach to food and the establishments featured.

The book is beautifully illustrated with colour photographs of not only the food but also the establishments the food is served in; including their often charming, unusual, retro or highly contemporary interiors. Featuring an Introduction by the food writer Thomas Blythe, *Meat London: An Insider's Guide* is the perfect book for the casual restaurant-goer, the enthusiastic home-cook, and the dedicated gastronome.

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