



Confidence at Work: Get It, Feel It, Keep It

Ros Taylor

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Confidence is the foundation of success. While many of us have learnt to fake it to limited affect, how many of us can say that we have cultivated self-belief from within? Confidence at Work takes you on a journey of self discovery. Beginning with an in-depth questionnaire to understand your 'confidence quotient', it encompasses the theories and insights of leading psychologists, including Daniel Goleman and Tony Buzan. Including twenty case studies of successful people from all walks of life and tackling issues such as influencing skills, emotional capability and finding your voice, Confidence at Work will help you create your own personal brand and excel in your career.

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From reader reviews:

Yvonne Terrell:

In this 21st millennium, people become competitive in every single way. By being competitive right now, people have to do something to make these individuals survive, being in the middle of the actual crowded place and notice simply by surrounding. One thing that at times many people have underestimated that for a while is reading. Sure, by reading a reserve your ability to survive boost then having chance to stand up than other is high. In your case who want to start reading a new book, we give you that Confidence at Work: Get It, Feel It, Keep It book as nice and daily reading reserve. Why, because this book is greater than just a book.

Charles Cushman:

Spent a free time and energy to be fun activity to do! A lot of people spent their down time with their family, or their friends. Usually they carrying out activity like watching television, going to beach, or picnic from the park. They actually doing same task every week. Do you feel it? Do you need to something different to fill your own personal free time/ holiday? May be reading a book is usually option to fill your free of charge time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to try out look for book, may be the guide untitled Confidence at Work: Get It, Feel It, Keep It can be fine book to read. May be it can be best activity to you.

Enrique McLean:

Confidence at Work: Get It, Feel It, Keep It can be one of your starter books that are good idea. We all recommend that straight away because this reserve has good vocabulary that may increase your knowledge in words, easy to understand, bit entertaining but still delivering the information. The article writer giving his/her effort to get every word into delight arrangement in writing Confidence at Work: Get It, Feel It, Keep It nevertheless doesn't forget the main level, giving the reader the hottest in addition to based confirm resource details that maybe you can be among it. This great information can easily drawn you into brand new stage of crucial thinking.

David Gonzales:

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