



The Heart Sutra: Chinese Worksheets for Meditation and Memorization

Stephanie Yung

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The Heart Sutra Chinese Worksheets for Meditation and Memorization The purpose of this book is to practice meditating and memorizing the Heart Sutra in Chinese using Chinese worksheets. The Chinese worksheets are in Traditional Chinese and have Pinyin. The book contains 5 practice sets of the Heart Sutra. Each set has 2 focuses – one on memorizing and another on writing. May this merit benefit all sentient beings. May all beings be well, and may they all attain perfect peace.

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