



The Wildwood Way: Spiritual Growth in the Heart of Nature

Cliff Seruntine

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Discover the profound inspiration of the wild places. Author Cliff Seruntine and his family have lived their lives in the wilderness—homesteading, hunting, gathering, and treading lightly on the land while honoring its spirits. Let Cliff's graceful pen lead you to a deeper understanding of nature's magic as he shows you practical bushcraft skills and shares true stories of the sacred and enchanted to be found in the untamed natural world.

In these pages you will read tales of bear and deer, of towering maples and mysterious brooks, of the spirit forces to be found outdoors. The best way to come to know nature is to become part of its adventure, so Cliff teaches traditional skills like wild food foraging and tracking as well as spiritual skills such as the ancient spirit journey. Blending the perspectives of a true naturalist with the depths of the shaman, Cliff Seruntine is a seasoned guide for your journey into *The Wildwood Way*.



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Playing with family in a very park, coming to see the marine world or hanging out with pals is thing that usually you could have done when you have spare time, subsequently why you don't try issue that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love The Wildwood Way: Spiritual Growth in the Heart of Nature, you could enjoy both. It is great combination right, you still need to miss it? What kind of hangout type is it? Oh can happen its mind hangout guys. What? Still don't understand it, oh come on its known as reading friends.

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