



Speak Strong: Say what you MEAN. MEAN what you say. Don't be MEAN when you say it.

Meryl Runion

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We feel more than we know, and know more than we can say. But what if we could find a way to communicate the full breadth of who we are? SpeakStrong is a step-by-step guide to empowered communication that unleashes the courage of your conviction and puts your message into words that get results. Based on the wisdom that empowered communication means saying what you mean and mean what you say without being mean when you say it.

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