



Mother Had a Secret: Learning to Love My Mother and Her Multiple Personalities

Tiffany Fletcher

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As a teenager, Tiffany Fletcher knew that her mother, Vickie, had been brutally abused as a child. She knew that the abuse caused her mother's severe mental and emotional instability, which brought painful complications for the entire family. But until a horrific car collision landed Vickie in the hospital, Tiffany didn't know that there was a name for the turmoil gripping her home: Dissociative Identity Disorder, which produces multiple "personalities" in victims of profound trauma. It's hard enough having a mother with one personal identity-Vickie had fifteen. The true story of this complicated mother-daughter relationship unfolds in a weave of memory and emotion as Tiffany recounts the challenges of growing up in the care of a woman held hostage by her own shattered mind; a woman who inadvertently hurt the children she only wanted to love and protect; a woman whose premature death brought deep waves of loss, but also much-needed healing. Poetic, poignant, and heart-wrenchingly honest, this riveting narrative offers hope to victims of mental illness and their families and provides insight to readers unacquainted with this struggle. It invites compassion and inspires positive action in our most treasured relationships.

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