



Eleven Rings ...in 30 Minutes - The Expert Guide to Phil Jackson and Hugh Delehanty's Critically Acclaimed Book

The 30 Minute Expert Series

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Eleven Rings ...in 30 minutes is the essential guide to quickly understanding the important lessons outlined in Phil Jackson's best seller, *Eleven Rings: The Soul of Success*.

In *Eleven Rings*, famed NBA basketball coach Phil Jackson outlines how his winning approach to teamwork, leadership, and mindfulness made him arguably the best NBA coach in history. Through personal anecdotes and intimate recollections, *Eleven Rings* follows Jackson's journey from small-town preacher's son to New York Knicks basketball player to world-renowned coach. In *Eleven Rings*, Jackson explains just how he discovered the uniqueness of each of his players and turned his team into a single collective consciousness, transcending any success previously seen in the NBA. Through *Eleven Rings*, readers can learn how to bring out the best in themselves and those around them, in both a personal and professional context.

Use this helpful guide to understand *Eleven Rings* in a fraction of the time, with tools such as:

- A concise synopsis, which examines the remarkable personal and professional history of Phil Jackson told in *Eleven Rings*
- In-depth analysis of Phil Jackson's elegant mix of spirituality, which is inspired by everything from Native American philosophy to Zen meditation
- Practical applications for implementing the strategies in *Eleven Rings* for success and mindfulness in your everyday life
- An extensive recommended reading list and glossary relevant to *Eleven Rings*

As with all books in the 30 Minute Expert Series, this book is intended to be purchased alongside the reviewed title, *Eleven Rings: The Soul of Success*.

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