



The Difference a Day Makes: 365 Ways to Change Your World in Just 24 Hours

Karen M. Jones

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This timely compilation features 365 simple actions people can take to make an impact on their communities and the world. Each suggested action, in 16 "helping" categories, can be started and finished in a day or less, and none requires a cash donation. Readers may choose to accomplish a different step each day of the year, activate the same tool every day, or take the actions in only a particular chapter that addresses a personally favored issue. Categories include the homeless, health issues, education and children, feeding the hungry, environment, arts, honoring elders, animal welfare, pursuit of peace, and informed consumerism.

Possibilities include acting as driver for a battered women's shelter; planting trees or a garden at a schoolyard; recycling running shoes into a playground surface; taking a day off from consumerism; aiding low-income students in finding grants and scholarships; helping unemployed workers put together resumes; and much more.



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