



# **The Christian Parenting Handbook: 50 Heart-Based Strategies for All the Stages of Your Child's Life**

*Scott Turansky, Joanne Miller RN*

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Nuggets of parenting wisdom condensed into 50 short chapters, each one biblical, practical, and relevant for parents of children ages 2-18. Learn appropriate ways to correct, instruct, and set limits. Glean wisdom for dealing with emotions, conflict, and developing closeness in your family... and much more. These 50 strategies provide you with hands-on tools for parenting children of any age.

### **In this book you'll learn how to:**

Identify character qualities to address problems  
Build internal motivation  
Transfer responsibility for change to the child  
Teach kids to be solvers instead of whiners  
Use creativity to teach your kids spiritual truths  
Avoid the "boxing ring"  
Envision a positive future  
And much more!

With these strategies you'll be able to move from behavior modification to a heart-based approach to parenting. Instead of relying on rewards, incentives, threats, and punishment, you'll learn how to identify heart lessons to teach your child *and* implement them in practical ways.

*The Christian Parenting Handbook* by Dr. Scott Turansky and Joanne Miller, founders of the National Center for Biblical Parenting, compiles fifty parenting principles that use heart-based strategies to teach you how to face daily challenges. When parents focus on the heart, kids learn to ask different questions about life. Instead of asking, "What's in it for me?" they learn to ask, "What's the *right* thing to do?" You'll soon see how a heart-based approach to parenting looks deeper and brings about greater, lasting change.

The daily interaction you have with your children can impact them for the rest of their lives. With these fifty heart-based strategies, you'll develop your own biblical philosophy of parenting and gain perspective, greater motivation, and confidence that you're moving in the right direction. As you envision a positive future for your children, they'll experience hope and direction and you will too. Start applying these principles today!

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