



Formação de Personal Diet (Portuguese Edition)

Mariana Braga Neves

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A assistência personalizada e individualização de serviços, segundo as necessidades dos clientes se fazem cada vez mais necessárias. Situação que não é diferente na área da Nutrição e Saúde. Isto porque, com a rotina acelerada e com aumento da incidência de doenças crônicas, incluindo obesidade e diversos tipos de cânceres, torna-se cada vez mais essencial o acompanhamento individualizado dos pacientes. E é exatamente neste cenário que está inserido o profissional de Nutrição com o serviço de Personal Diet.

Mas, como oferecer o serviço? Onde divulgar? Como desenvolver um atendimento eficaz? Estes são alguns dos mais relevantes pontos abordados nesta obra, cujo principal objetivo é transmitir ao profissional de nutrição, informações necessárias para a prestação do serviço de Personal Diet com qualidade e eficiência.



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