



# **A Multidisciplinary Handbook of Child and Adolescent Mental Health for Front-line Professionals: Second Edition**

*Nisha Dogra, Andrew Parkin, Fiona Gale, Clay Frake*

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This fully updated edition of A Multidisciplinary Handbook of Child and Adolescent Mental Health for Front-line Professionals is an accessible introduction to child mental health, covering the nature, prevalence, treatment and management of mental health problems in children and young people.

The authors explore issues such as assessing and meeting the mental health needs of young people, specific mental health problems such as attention deficit hyperactivity disorder (ADHD) and learning difficulties, and legal aspects of working with child mental health. They also assess diversity issues as an integral part of practice, and highlight practice issues for readers. The book contains illustrative case studies and self-directed exercises, and outlines the services available to children with mental health problems. This second edition also includes additional material on working with culture and diversity, plus the latest clinical guidelines and current medication.

This handbook is an invaluable resource for students, trainers and professionals working with children with mental health problems in a medical and non-medical environment as well as parents wanting to know more about the subject.

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